

# 鐵冬青 (Chinese Holly)

## *Ilex rotunda*

常綠喬木，分佈於東亞熱帶地區，高度可達20米，於春季開花並秋冬季會結出紅色果實。鐵冬青樹型緊密，於結果期紅色果實佈滿樹冠，很適合作為市區園林與行道樹使用。葉片撕開後有絲狀物。鐵冬青的樹皮是涼茶「三冬茶」其中的主要成份。

It is an evergreen tree species distributed in tropical regions of East Asia, which can grow up to 20m tall. It bears white flowers in spring and bears red fruits in autumn. Owing to its compact tree form and attractive clusters of red fruits abundantly over tree crown, it is a suitable tree species used in urban landscape and roadside trees. When the leaves are torn, there are stringy substances inside. Its tree bark is one of the main ingredients in the herbal tea "San Dong Cha."

名稱 Common Name	鐵冬青 Chinese Holly
品種名稱 Botanical Name	<i>Ilex rotunda</i>
科 Family	冬青科 Aquifoliaceae
花期 Flowering Period	三月至四月 March to April
果期 Fruiting Period	十月至十二月 October to December
校園分佈位置 Where to find in CityU	中國花園 Chinese Garden



葉 leaves



果實 fruits